



## **ARP L19 Head Studs**

### **Nissan QR25DE**

Congratulations on your new V1R L19 Head Studs!

Installation of these studs should be performed by someone with qualified experience only.

**L19 Head Studs are an ARP proprietary alloy and should be HANDLED WITH CARE**

**Do not remove studs from packaging until they are ready for installation.**

**Care should be given to keep these studs in a climate controlled, low-humidity area.**

**Wear gloves while handling to keep moisture from your skin from contacting the stud.**

**If they need to be cleaned or re-used in the future do NOT rinse with water.**

L19 head studs permit the use of additional torque to the stud when compared to an ARP2000 stud.  
This, in turn, increases the clamping load on the head gasket.

**This is to be done at the installer's discretion.**

Torque should be performed in 3-4 equal steps.

As with any aftermarket stud, it is highly advisable to hone the block with a torque plate installed to simulate the added stress on the block.

Final torque value is recommended between **90-110 lb/ft**

While I have not seen block failure even at 110 lb/ft, care should always be taken to clean all threads in the block, and be sure studs are fully seated (hand-tight only)

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Thank you for your support!

Any questions can be directed toward VisionOneRacing@gmail.com

I will respond as soon as possible